

Organiser:



Co-Organiser:



# MENTAL HEALTH LITERACY IN PARENTING

In conjunction with Universal Children's Day 2019

 Saturday, 23 November 2019  8.30 am - 5.00 pm  Function Hall, Level 9, Block B,  
Gleneagles Kuala Lumpur

- ⚙️ Mental Health Literacy in Child and Adolescent Mental Health
- ⚙️ Emotional and Cognitive Development of Children and Adolescents
- ⚙️ Understanding Difficulties in Children and Adolescents Development
- ⚙️ Sensory Integration for Children with Specific Developmental Issues
- ⚙️ Workshop - Emotional Coaching

FEES: RM 150

Account Name: PERSATUAN PSIKIATRI KANAK-KANAK DAN REMAJA MALAYSIA

Account No: Maybank 562553503297

Email: mycapsmentalhealth@gmail.com

For RSVP, contact Ms. Mira at 017-3001603

(WhatsApp your name, age, city and proof of payment to confirm your registration)

**Closing date: 20 Nov 2019**

 Lunch  Certificate  Goodie Bag  will be provided

# MENTAL HEALTH LITERACY IN PARENTING

ORGANIZER

MALAYSIAN CHILD AND ADOLESCENT PSYCHIATRY ASSOCIATION (MYCAPS)  
&  
GLENEAGLES KUALA LUMPUR

Mental health disorder is one of the major community health concerns these days. The Malaysian Child & Adolescent Psychiatrists Association (MyCAPs) in collaboration with Gleneagles Kuala Lumpur invites you to join us to seek a better understanding on the specially curated topics in increasing the **“Mental Health Literacy in Parenting”**.

## PROGRAMME

8:30 AM – 9.00 AM	Registration
9:00 AM – 10.00 AM	Mental Health Literacy in Child and Adolescent Mental Health by <b><i>Dr Nor Hamidah Mohd Salleh (Consultant Psychiatrist)</i></b>
10:00 AM – 10.40 AM	Emotional and Cognitive Development of Children and Adolescent by <b><i>Dr Noorul Amilin Harun (Child and Adolescent Psychiatrist)</i></b>
10:40 AM – 11.00 AM	Tea Break
11:00 AM – 11.40 AM	Understanding Difficulties in Children and Adolescent Development by <b><i>Dr Nor Rahidah Abd Rahim (Child and Adolescent Psychiatrist)</i></b>
11:40 AM – 12.30 PM	Sensory Integration for Children with Specific Developmental Issues by <b><i>Nurun Najikhah Mohd Shakor (Occupational Therapist)</i></b>
12:30 PM – 1.00 PM	Q & A
1:00 PM – 2.00 PM	Lunch Break
2:00 PM – 4.30 PM	Workshop - Emotional Coaching by <b><i>Dr Nurulwafa Hussain &amp; Dr Norharlina Bahar (Child and Adolescent Psychiatrists)</i></b>
4:30 PM – 5.00 PM	Tea Break & End of Programme